

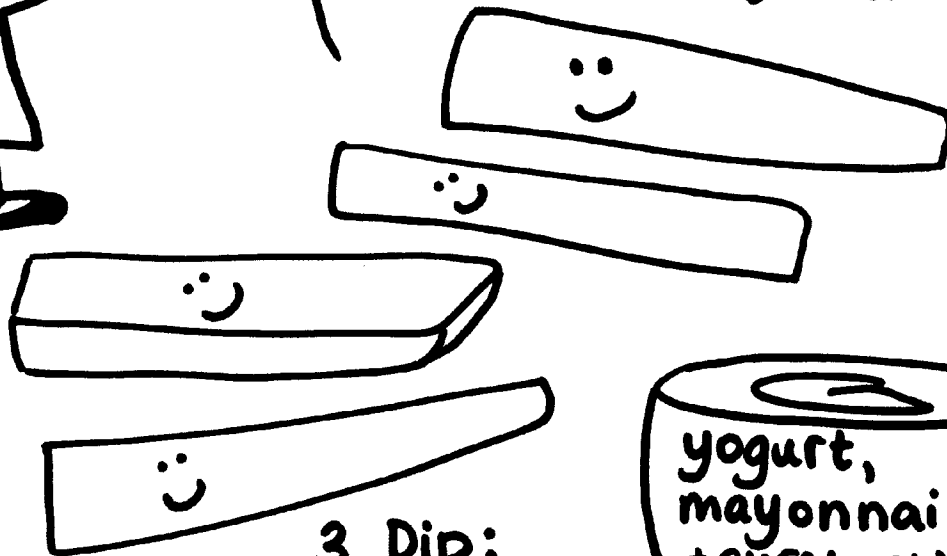
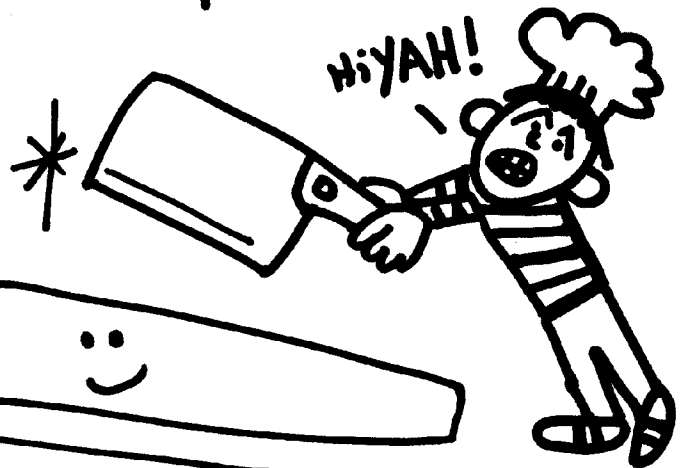
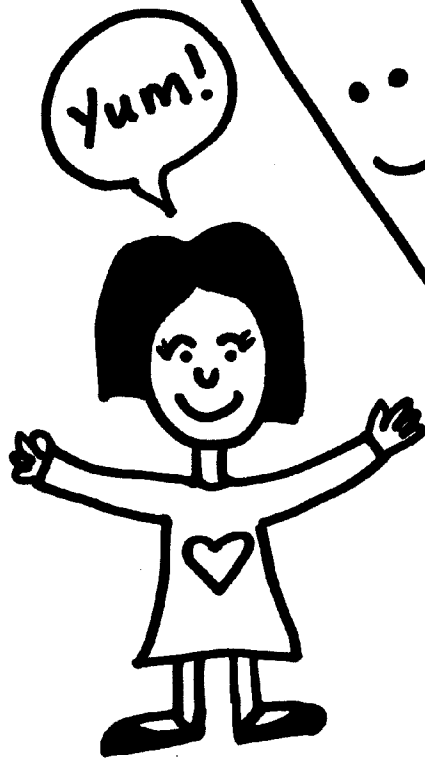
# Yum = Crunch

## Carrot Sticks and Dip



1. peel the carrot

2. ask a big person  
to chop the carrot.



3. Dip:

